

Tina Palumbo  
Pace Reps



**PACE**  
R E P S

1



NUTRITION  
TRIVIA

2

What are the top two most popular spices in the world?

3



Pepper and  
Mustard

4

What is the single ingredient in a  
toast sandwich?

5



Bread

6

How many ketchup packs should a student get with their meal?

- A) five
- B) a handful
- C) one or two
- D) None of the above

7



None of the above.

8

What is the most expensive spice  
(by weight) in the world?

9



Saffron

10

What nutrient comes  
from meat, eggs and  
fish?

11

Protein

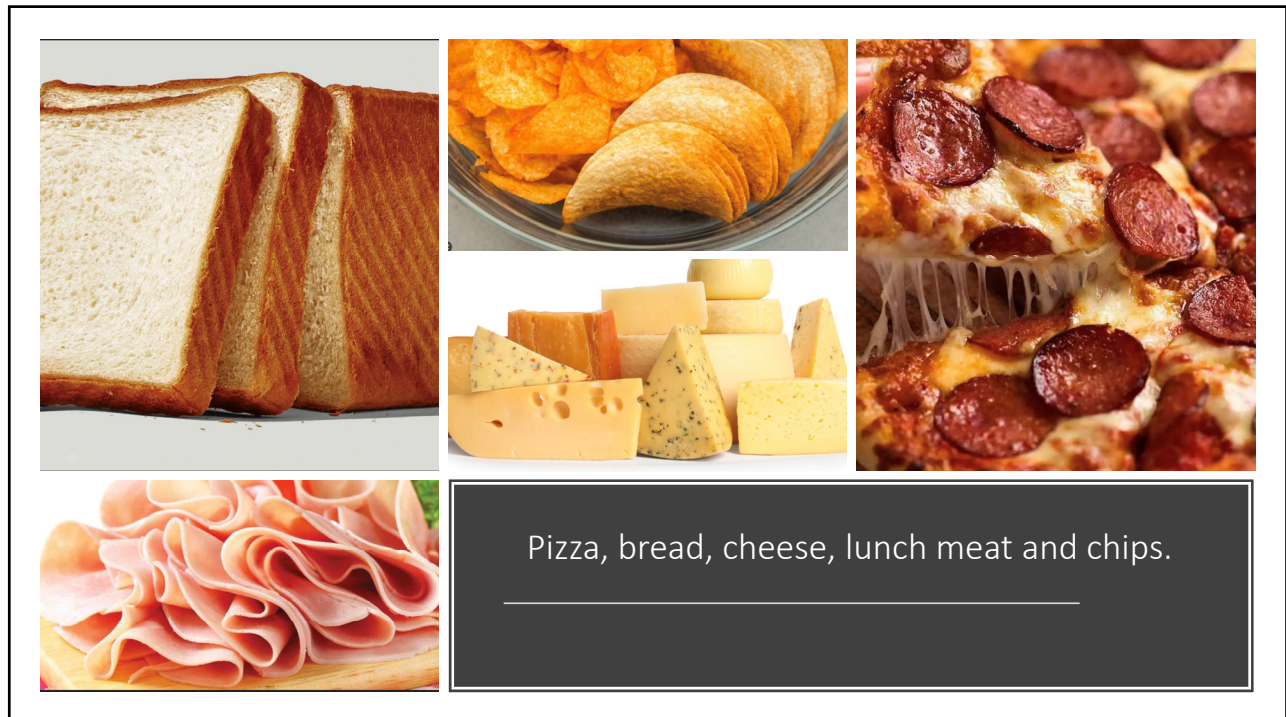


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What are the top five sources of sodium for children?

13



14

On average over the week, school lunches must meet limits on which of the following:

- A. Calories, saturated fats, sodium
- B. Carbohydrates, fats, protein
- C. Number of menu items offered
- D. Noise level

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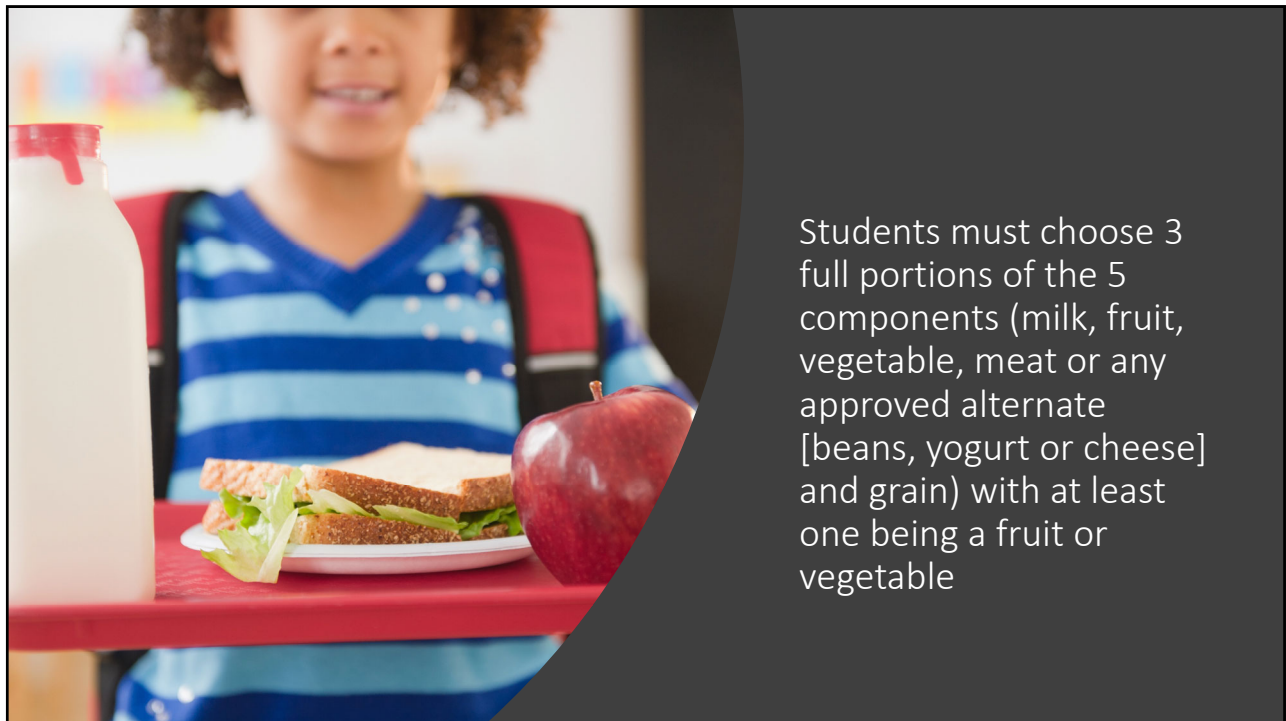
- A. Calories, saturated fats, sodium**
- B. Carbohydrates, fats, protein
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- D. Noise level

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## What makes a reimbursable lunch?

17



18

Which has more calories?

Butter or margarine

19



They have the  
same

20

WHAT IS THE MOST WIDELY  
EATEN FOOD IN THE WORLD?

21



22