



# The ABC's and 123's of a Manager's Life

**GEORGIA SCHOOL NUTRITION  
ASSOCIATION**  
2022 MANAGER'S RETREAT  
OCTOBER 6-7, 2022  
LAKE BLACKSHEAR – CORDELE, GA



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# Good Morning

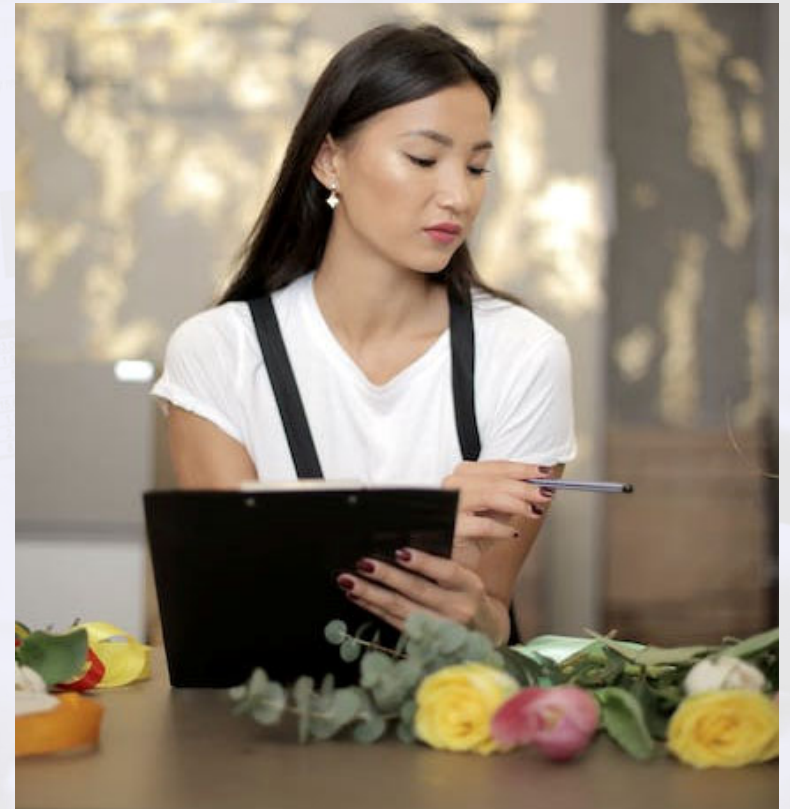
1. Turn on the lights.
2. Put on a hairnet.
3. Wash your hands.
4. Put on gloves.
5. Turn on all equipment. – Why?
6. Check all temperatures. – Why?
7. Pull food and supplies needed. – Who?
8. Turn on the POS system. – Why?
9. Cook breakfast. – When?
10. Set up the lines.
11. Greet your employees. - Critical
12. Be ready to serve.
13. Lunch schedules.



# Daily Reflection

How do you know when you have losses/gains?

- Manager Daily Production
- Sales Report
- Look at the Report Average – Normal on the Same Menu
- Daily Attendance (# of students) – Match That
- Compare Who We Fed (ADP – Average Daily Participation)





# Be the Water

It doesn't matter where you start, but it matters where you end. All day everyday!

## Why be the Water?

- The leader has to be flexible and fill in the open space. (Outs, Short Staff, Food Supplies, Shortages)
- The leader has to be able to quench the thirst.
- Leaders have to be versatile and take on multiple forms: Ice, Snow, Steam, Liquid. (Cool Blue, Blanket to Cover, Vapor, Fills)
- Leaders need to be resilient and a force to be reckoned with, but you need to be able to manage your team. – You can DESTROY or GIVE LIFE.



# (Man)ager in the Mirror

## Analyze

- Figure out why it didn't work
- Find a way to execute it

A leader creates a TEAM.

Humility – Think of yourself less and others more

Pause

Listen

Learn from your mistakes – Remember the missteps

Goal: SPAM

Specific Goals

Practical

Achievable

Meaningful



# Cups Up

You cannot pour into an empty cup. **Invest in yourself.**

Chase you – It's a race...you against you

Turn the volume **D**  
**O**  
**W**  
**N**

Stay on point "in the game."

Excitement is contagious.

Be the energy.





# Close with Consistency

What effect will our actions have on others?

- Every action has a consequence
- Everything we do can have a ripple effect in others
- Consistency is a trait that leads to a tidal wave
- To be successful you have to be consistent
- Success isn't always about greatness. It's about consistency.



# Coach with Courage

Courage doesn't mean you aren't fearful, but it means you are courageous in fear.

- Do it with uncertainty
- Learn as you go
- Move to better
- Dare to be different





# Communication – Before, During, and After

## Ineffective communication

- Yelling – Save your yells
- Jargon – Make sure everyone understands
- Not listening – Listen without interruption
- No follow up – Circle Back

## Effective communication

- Good communication – Over communicated
- Clarity (clear message)
- Listening (active)
- Pick the right tool (be appropriate and professional)

## Non-verbal communication

- Facial expression
- Body language





**21-22 TIFT COUNTY SCHOOLS  
MANAGER OF THE YEAR**

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